## Feminine Hygiene Kits

2023



## Hands of Honor

Hands of Honor is a CAMA ministry that is working with young women ages 12-19. These are critical years as many are abused, alone and afraid. Hands of Honor provides a safe place to belong and teaches them marketable skills such as sewing and culinary arts.

"The girls absolutely love them. We do a whole training around them. There's a lot of superstition, a lot of false beliefs around women's sexuality and reproduction. So, we do a lot of that type of conversation around these kits.

It really does provide dignity for our girls because when they have their menstrual cycle a lot of them don't have disposable pads or anything like that, so they will use rags and it's not hygienic. Since they don't have their own bathrooms in the school, they skip school and miss out on ¼ of their education. These kits meet a significant need."



HOH Program Director, Becky M.