

General Needs List 2021-2022

Bongolo Hospital, Lebamba, Gabon

(** = priority)

OVER-THE-COUNTER MEDICINES: make sure the medications will not expire in 12 months.

- **1. Multivitamins with essential minerals like Centrum and Centrum Kids (the kind that can be cut into quarters easily, not the gumball-shaped ones)
- **2. Benadryl (generic name is Diphenhydramine Hydrochloride) in tablets (not capsules). Generic is fine.
- **3. Antacids with Calcium, like Roloids or Tums
4. Adult cold medicines
5. Selsun or Selsun Blue Shampoo (make sure it has Selenium Sulfide 1% as active ingredient)
6. Ear wax removal ear drops
7. Cough drops

MEDICAL SUPPLIES:

- **1. Good quality 1” masking tape (used to secure sterilization packages)
- **2. Infant and children’s hospital gowns
- **3. 50 ml. syringes (can sometimes get at pharmacies). Kinds needed: Monojet & BD
4. Rolled sheet bandages made from used sheets. Widths should be 3”, 4” or 5”. The diameter of the rolled bandages when rolled should be 2-3”. Be sure to secure end of the bandage with a stitch or a torn long piece of material (not rubber bands or ribbons).
5. Kerlix-type bandages and dressings
6. Playtex-type heavy-duty rubber cleaning gloves (sizes med. to X-large)
7. Cotton balls
8. Stackable rectangular plastic hospital basins
9. New or slightly used hand towels (bath towels can be cut in half and hemmed) **No white towels, please.**
10. Hot water bottles
11. Bedpans
12. Urinals
13. Pediatric and adult nasal Oxygen cannulas
14. Pediatric simple oxygen masks
- **15. Sippy cups and baby spoons
16. Pill cutters
17. Plastic aprons
18. Bandage scissors
19. Coban

DENTAL SUPPLIES:

1. Toothpaste
2. Toothbrushes for children and adults
3. Dental floss

EYE CLINIC SUPPLIES:

- **1. Artificial Tears (lubricating drops) ***Nothing with tetrahydrozoline or naphazoline or phenylephrine listed in the ingredients, nor anything that says “red out.”**
2. Zaditor for allergies
3. Variety of reading glasses
4. Sunglasses (patients really like the wide earpiece style)
5. Muro 128 ophthalmic ointment (If you can't find the ointment, drops are fine.)
6. Cases for glasses bought or handmade (see Pinterest)
7. Disposable pen lights (like a small pen)

SURGICAL SUPPLIES: (OR = Operating Room)

- **1. Blue towels (obtained from hospitals)
- **2. Cloth OR drapes, linens, and gowns in good shape that hospitals no longer use (most are changing to disposable ones)
- **3. OR sterilization wraps.

***Instructions for sterilization wraps:** finished sizes wanted are 36” x 36”, 48” x 48”. You can make them out of gently used cotton and cotton/polyester material or sheets or old cloth tablecloths. Don't use flannel as it is too loose a weave. Preferred colors are blue, green or white solid (others accepted though). They can be pieced together if you don't have enough material to make these sizes. To make them, cut the material 1/2” larger on each side than the size wanted. They are to be double thickness, with the seams on the inside. After sewing the two pieces of material with right sides together, turn it right side out; then sew a seam about 1/2” around the entire square and then sew an “X” from corner to corner. This way, when they are washed, they will stay in place.

4. OR caps: made from various colors and prints (patterns available through Simplicity)
5. OR table covers
- **6. **Double thickness sheets** for the OR tables (see #2 under “Maternity”)

MATERNITY:

- **1. Adult hospital gowns
- **2. Double thickness sheets for delivery table

Instructions for delivery table sheets: Use flat sheets twin or full-size, any color, out of cotton or cotton/polyester. Fold sheet in half so it is 48” x 66” (twin) or 48” x 81” (full). Zig-zag around the entire doubled sheet, including the folded side, close to the edge. Then measure half-way down (33” or 40.1”) and sew across the sheet.

- **3. Cloth reusable incontinence bed pads, about size 34"-36". (Look up on the Internet to find these. See North Shore Care Supply on the Internet.)
- 4. Preemie (premature) onesies like the ones sold at Walmart
- 5. Preemie caps: out of soft stockinet or cloth preferable. If hand-knitted or crocheted, use soft, fine baby yarn.
- 6. Preemie booties or socks
- 7. Preemie and 0-3 month pacifiers
- 8. Preemie-sized disposable diapers
- **9. Bulb syringes
- 10. Soft, thin (it's hot out here) receiving blankets, sizes 20" x 20", 24" x 24", and 30" x 30"

UNIFORMS:

- 1. Good quality white lab coats (used or new) for men and women, sizes small to XL
- 2. Good scrubs (used or new, solid colors preferred, but prints OK) for men and women, sizes small to L, XL and XXL needed at this time
- 3. Light blue and white gingham material for student uniforms, about 3 yards per uniform. We will have a local tailor make them.

MISCELLANEOUS:

- 1. If you have other medical items that you think the hospital might need, contact Coleen Lofgren by e-mail at coliemark@gmail.com or call her at 218-245-2706.
- 2. Some of the missionaries have asked for small toys, stickers (1-3"). **Please no stuffed animals as they are too hard to clean. Please no pillow dresses or boys shorts.**