

April 2021 Urgent Needs List

BONGOLO HOSPITAL: LEBAMBA, GABON

Must arrive at ARK Transportation between April 1-14

We are trying to get the list out to you earlier than before so you can have more time to prepare for items you may want to send. In order to get the packages filed and organized, we are asking that the packages arrive at ARK Transportation in Middleburgh Heights from April 1-14. If you plan on ordering packages (i.e., from Amazon), please make sure it has enough time to get there between these dates. Also please e-mail Linda Chae and me (see Shipping Instructions) with the information on these packages that will be arriving. The medical staff at Bongolo has written a list of items that they see as urgent. ***So, please don't send other items this time unless it is something you have already made like the smaller sterilization wraps.***

EYE CLINIC

1. Preservative-free Artificial Tears (single-use vials in a box) [example, Theratears] (100 boxes)
2. Regular Artificial Tears (bottles) [example, Gericare Artificial tears] (qty. 2000 bottles)
3. 4"x4" squares made out of sheets or soft cotton or cotton/polyester (to use to wipe eyes.) Put them in quart baggies.
4. Eye drop bottles of Pataday, Zaditor, Bauch-Alaway Antihistamine, etc. (anti-allergy eye drops; **no** "red out" drops) (qty. 1500)
5. Zeiss Lens or similar cleaning wipes (qty. 1000)
6. Sunglasses (wide earpieces if available) (qty. 300)

SURGERY DEPT.

1. OR table sheets* (qty. 175 sheets)
***Instructions for delivery table sheets:** Use flat sheets twin or full-size, any color, out of cotton or cotton/polyester. Fold sheet in half so it is 48" x 66" (twin) or 48"x 81" (full). Sew or zig-zag around the entire doubled sheet, including the folded side, close to the edge. Then measure half-way down (33" or 40.1") and sew across the sheet.
2. Surgical masks - medical grade (qty. 5000)
3. Rolled sheet bandages (as many as possible, 3-4" width)
4. Sterilization Wraps**: 48"x48" and 64"x64" (75 wraps)
****Instructions for sterilization wraps:** You can make them out of gently used cotton and cotton/polyester material or sheets or old cloth tablecloths. Don't use flannel as it is too loose a weave. Preferred colors are blue, green or white solid (others accepted though). To make them, cut the material 1/2" larger on each side than the size wanted. They are to be double thickness, with the seams on the inside. After sewing the two pieces of material, turn it inside right, then sew a seam about 1/2" around the entire square and then an "X" from corner to corner. This way, when they are washed, they will stay in place.
5. Scrubs for women, medium size (qty. 15) preferably light blue***
6. Scrubs for men, medium size (qty. 40) preferably light blue***
7. Scrubs for women, large size (qty. 15) preferably light blue***
8. Scrubs for men, large size (qty. 40) preferably light blue***
*****Look online for uniform places like Allheart. They will have sales; if you buy a quantity, you can get them cheaper than if you just buy one.**

MATERNITY DEPT.

1. Delivery table sheets (50 sheets) (same as OR table sheets)*
2. Mama packs (500 packs)

Mama Packs contain the following:

- T-shirt or kimono or onesie
- Soft hat
- Socks or booties
- Receiving blanket

Items should be new or gently used. Fold them as flat as possible. Place them in a gallon-sized zip-lock bag. Items can be hand-made or store-bought. Premie-sized items are also welcome! Do not include any extra items.

3. Receiving blankets (600) preemie and regular: preemie size 18"x18" to 20"x 20", regular 30"x30" out of soft flannel. They can either be single-layered or double-layered.
4. Premie diapers (50 packs)
5. Hygiene packs (see Operation Christmas Child Menstrual pads pattern). If you have a different pattern, go ahead and use it. However, don't put in an impervious layer in it, as it is hot and humid in Gabon, and it can lead to yeast infections.

NURSING SCHOOL

1. Pens (qty. 100)
2. Pencils (qty. 100)
3. Dry Erase markers, thick, black (qty. 20)
4. Dry Erase markers, thick, multicolor pack (qty. 10)
5. Erasers, rubber type for pencils
6. White Out, liquid, (qty. 50 small bottles)
7. Scotch tape (20 dispenser-rolls)
8. Poster boards, large, white (qty. 30)

OVER-THE-COUNTER MEDICATIONS *(Make sure the expiration date is at least 1 year out.)*

1. Centrum (or similar with all the trace elements) **chewable** for children (no gummy ones) and adults
2. Benadryl generic is OK, **tablets** (not capsules)
3. Tums or Rolaids (with Calcium) or generic brands

OTHER

1. Light-weight blankets (qty. 15)
2. Twin-size sheets (new or good used) for those who come to ER without any (most patients bring their own bed sheets) (qty. 20)